

How do I get there?

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1

The Newry Canal Way

HOW TO GET THERE BY BUS

From Newry Buscentre, follow the canal northwards for 5 minutes before joining the walk. Ulsterbus Service 63 (Mon-Sat) from Newry to Portadown sets down at several points, including Jerretspass, Poyntzpass and Scarva where you can join the Newry Canal Way.

HOW TO GET THERE BY TRAIN

A complimentary shuttle, Service 341 will take you from Newry train station into the city centre where you can walk to the beginning of the way or pick up Ulsterbus Service 63 at Newry Buscentre.

2

North Down Coastal Path

HOW TO GET THERE BY BUS

Access the path at Holywood or Bangor using Ulsterbus Services 1 and 2 from Belfast (Mon-Fri). Ulsterbus Service 1 also serves Crawfordsburn (10 minute walk from the stop to the path) or Carnalea (5 minute walk from the stop to the path).

HOW TO GET THERE BY TRAIN

Use the Portadown to Bangor service (Mon -Sun); alight from train at Holywood and join the path just behind the station or from Bangor Bus & Rail Centre, walk to the marina and join the path from here.

3

The Lagan Towpath

HOW TO GET THERE BY BUS

Ulsterbus Services 24 and 521 operate Belfast - Lisburn via the Malone Road. Access the Towpath at Shaw's Bridge (5 minute walk from House of Sport roundabout) or Drumcub Corner (1 - 2 minute walk from stop). Metro 8A and 8B operate from Belfast city centre to Malone Road, passengers can get off at House of Sport roundabout (5 minute walk to Shaw's Bridge).

HOW TO GET THERE BY TRAIN

From Central Station, walk to the river Lagan onto the river walk and follow this path for 1 mile to Stranmillis where you can join the towpath. Use the Portadown to Bangor line service (Mon-Sun) to access the path at Hilden and Lisburn.

4

Causeway Coast Way

HOW TO GET THERE BY BUS

Causeway Rambler Service 402 operates June to September. It stops at key points to hop on or off; Giant's Causeway, Dunseverick Castle and Carrick-a-Rede Rope Bridge. Ulsterbus Service 172 (172C on Sundays) Bushmills to Ballycastle. The Antrim Coaster Service 252, Coleraine to Larne via Portstewart, Portrush, Bushmills and Ballycastle operates (Mon-Sat April to September and Sunday's July to September only). Portrush to Bushmills Ulsterbus Service 132 (Mon - Fri).

HOW TO GET THERE BY TRAIN

Use the Londonderry Line train service to Coleraine. The Coleraine to Portrush service runs regularly during the week with a more limited timetable on the weekends. You can also access the bus services (as above) from Coleraine Bus & Rail Centre.

5

Castle Archdale Country Park

HOW TO GET THERE BY BUS

Ulsterbus Service 194 Enniskillen to Pettigo, (Mon-Sat, school terms only). Two services pass the park entrance, other services during the day will drop you off 0.5 miles from the park entrance.

6

Prehen Wood

HOW TO GET THERE BY BUS

The wood is approximately 1 mile from Derry city centre. From Foyle Street bus station pick up services FY6 to New Buildings; Ulsterbus Service 102 to Donemana; Ulsterbus Service 98 to Strabane which pass the wood.

HOW TO GET THERE BY TRAIN

Use the Londonderry line train service from Belfast; Ballymena; Ballymoney; Coleraine (Mon-Sun). A complimentary bus service is available from the train station to Foyle Street bus station. You can also walk from the train station to the wood, approximately 1 mile.

7

Gortin Glen Forest Park

HOW TO GET THERE BY BUS

Sperrin Rambler 403 operates from Omagh bus station to Cranagh, stopping at Plumbridge and Gortin, Monday to Saturday. Service 92 Omagh to Plumbridge operates Monday to Friday. The forest park is signposted from Gortin Village.

8

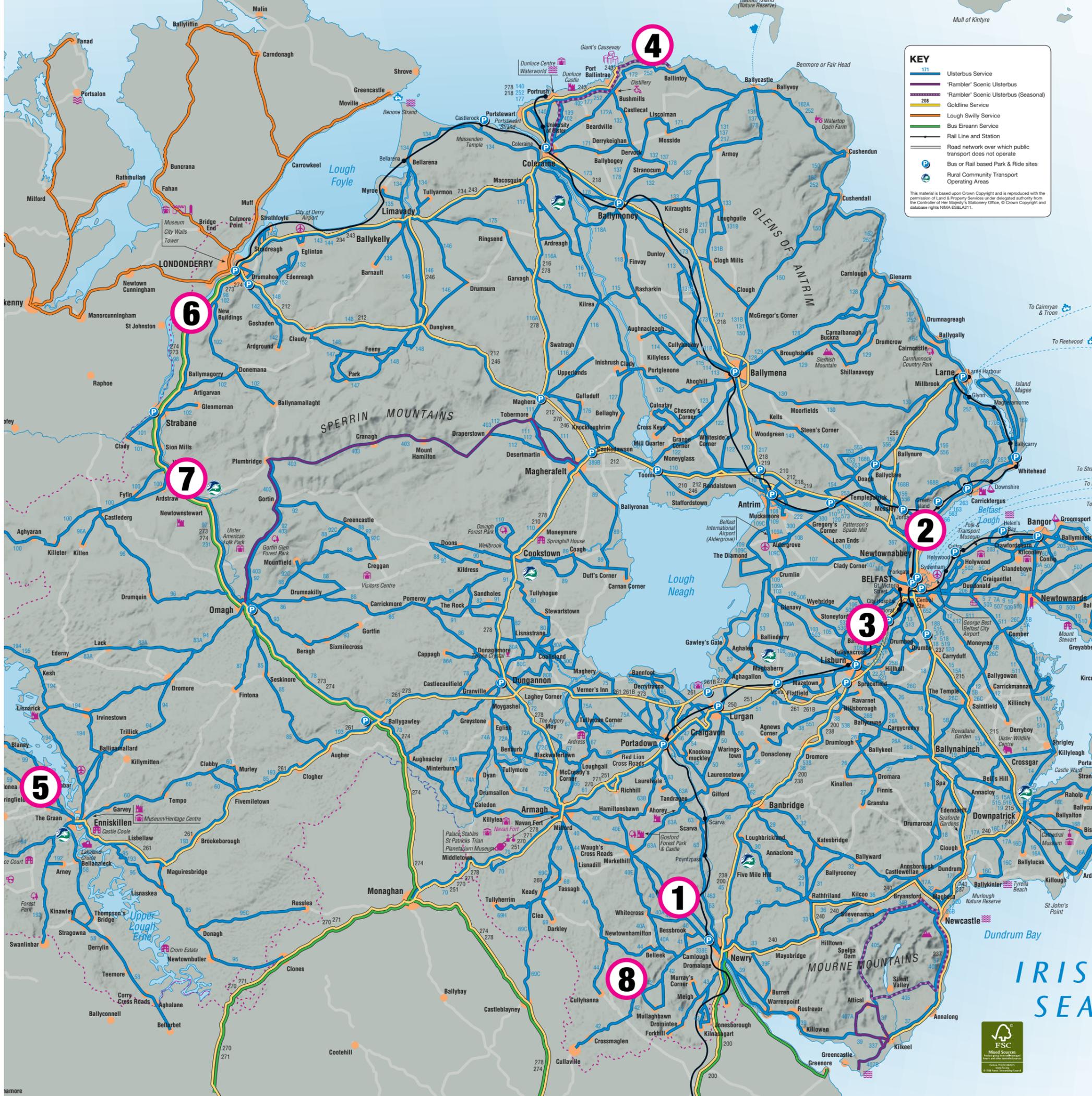
The Ring of Gullion

HOW TO GET THERE BY BUS

From Newry Buscentre, take Ulsterbus Service 43 to Forkhill where you can get off by the entrance to Slieve Gullion Forest Park (1 mile after Meigh Village), Mon-Sat.

HOW TO GET THERE BY TRAIN

A complimentary shuttle Service 341 will take you from Newry train station into the city centre. From here you can take Ulsterbus Service 43 to Forkhill and get off by the entrance to Slieve Gullion Forest Park (1 mile after Meigh Village).





1 The Newry Canal Way

The Newry Canal Way takes you through the countryside on a 20-mile journey from Newry to Portadown. The canal and its hedgerow boundaries provide important breeding and feeding opportunities for wildlife. In springtime, fox cubs may be seen along the banks of the canal, where moorhens also rear their young.

Photo Credit: Yellow flag iris – Ulster Wildlife Trust.



3 The Lagan Towpath

The towpath follows the River Lagan and canal for over 8 miles, from Stranmillis to the Union Locks in Lisburn. The towpath serves as an urban park and heritage site and possesses riverside trails and nature reserves such as the Ulster Wildlife Trust's Lagan Meadows. Kingfishers and bats are just some of the species that utilise the waterways along the path.

Photo Credit: Lagan Meadows Nature Reserve – Ulster Wildlife Trust.



5 Castle Archdale Country Park

A variety of habitats can be experienced and enjoyed at the country park from woodland and lakeshore to wildflower meadows. There are a number of walks to pick and choose from, or pay a visit to the Archdale Centre which depicts how people lived along the lough shore in times past. The park is a great taster of the rich diversity of the Fermanagh lakelands.

Photo Credit: Grey heron – Ian Jackson.



2 North Down Coastal Path

This 16-mile coastal path provides views of the contrasting south shore of Belfast Lough. A variety of coastal habitats can be seen from rocky shores, mudflats to salt marshes and sandy beaches. Low tide sees a variety of resident waders feeding along the shore such as oystercatchers and curlews, as well as visiting winter migrants.

Photo Credit: Lough shore – Ulster Wildlife Trust.



4 Causeway Coast Way

A section of the coast way extends 12 miles between the Giants Causeway to Carrick-a-Rede Rope Bridge with opportunities to join the path along the way. The calls of cliff-nesting seabirds will keep you company as you walk, while the yellows of gorse flowers and pale pinks and purples of orchids provide colour and interest. The views are really why you're here though – they're amazing!

Photo Credit: Walkers at viewpoint – Ulster Wildlife Trust.



6 Prehen Wood

This compact site is a remnant of an ancient woodland that stretched along the east bank of the River Foyle. Its status recognises its rarity in age and diversity, providing an important connection to our past. Its old, knarly trees and riot of spring flowers, notably bluebells, marks this out as an oasis in an urban landscape.

Photo Credit: Bluebells in woodland – Ulster Wildlife Trust.



7 Gortin Glen Forest Park

Situated in the rugged landscape of the Sperrin Mountains characterised by peaks, forests and lakes, the forest park makes a good stop-off point. There are a range of marked trails to explore from following the glen river to taking in forest walks. Keep your eyes peeled for red squirrels which can still be seen here.

Photo Credit: Gortin Lakes – Sperrins Tourism.



8 The Ring of Gullion

The Ring of Gullion is a remnant of an extinct volcano, consisting of a circle of hills with the mountain of Slieve Gullion at its centre. Heath, bog and small woods along with rock, river and ancient monuments create a landscape that is diverse, mystical and historical. Slieve Gullion Forest Park is a good starting point for a walk.

Photo Credit: Common blue butterfly – Ulster Wildlife Trust.

Northern Ireland has a rich and varied landscape waiting to be discovered. Invigorating sea air with seabirds and shingle beaches, wooded glens with majestic trees and mountain slopes coloured purple with heather - these are all elements of our diverse natural heritage. A bus or train can take you there, enhancing the feeling of adventure and making your visit sustainable. We've assembled just a few of the wonderful places you can visit here. So go on, discover our unique biodiversity!

We recommend you look at the 'Travel Advice' section of our website for further details on our services.
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Photo Credit Front Panel: Countryside Access & Activities Network (CAAN).

WalkNI.com
Your definitive guide to walking in Northern Ireland

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Check out WalkNI.com and CycleNI.com for detailed information on the locations featured in this leaflet, including route descriptions and maps.

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the variety of life on the planet